

# Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL  
AND  
MADE TO ORDER DRUGS

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OUR 47<sup>TH</sup> YEAR <> © February 2007

Friendship means identity in thought and heart and spirit.

### One Year Bible on Line:

[www.oneyearbibleonline.com](http://www.oneyearbibleonline.com) brings a fresh approach and variety to each day's fifteen minute reading. Select the month and day to link to the reading for the day.

Last year Russia surpassed Saudi Arabia in oil production. TDL

### Coffee's Effect on Parkinson's:

Some PD patients report temporary improvement in their signs and symptoms after drinking coffee, when the blood level of levodopa falls to lower-than-expected levels. One explanation; something in coffee stimulates brain cells to adsorb levodopa more rapidly from the bloodstream. Restriction of dietary protein also helps. NEUROLOGY (67:897, '06).

Every dog is a lion at home.

### T-3 (Active Thyroid) for Depression:

T-3, available as CYTOMEL, or a constituent of less expensive ARMOUR THYROID is proven effective for patients who have tried two antidepressants without achieving remission of major depressive disorder. T-3 proved equivalent in effectiveness to lithium with less side effects. - American Journal of Psychiatry.

If the doctor is sick, no one gets well.

### Prebiotics, Probiotics Now:

In the early 1900's Nobel laureate Dr. Eli Metchnikoff reported that peasants who drank sour milk naturally containing Probiotics lived longer. Recent data suggest supplemental Probiotics can reduce diarrhea caused by bacteria or antibiotics. In addition "Prebiotics" (FOS) enhance naturally occurring and supplementally administered Probiotics. Immunity against asthma and allergies appears to be enhanced also. Pediatric News. Dec 2006.

The happiest people don't have the best of everything, just make the best of everything

Provera in HRT (Hormone replacement therapy) linked to hearing loss in postmenopausal woman

You gotta get out of the mustard and catch up.

### To Dope or Not To Dope:

Clenbuterol, given as syrup to treat respiratory disease in horses is touted in the lay media as a miracle diet drug. It has some effects similar to ephedrine but lasting twenty-four hours. Residues in food animals can be fatal to humans. Its use stiffens heart muscles causing cardiovascular distress.

To avoid paying cell phone companies \$1.00 to \$1.75 for 411 information calls dial 1-800-FREE-411 (1-800-3733-411 toll free).

### Top 10 Complaints Dogs/Cats:

Dogs: Skin allergies, ear infections, stomach upsets, bladder infections, benign tumors, osteoarthritis, sprains, eye infections, enteritis, and hypothyroidism.

Cats: Urinary tract infections, stomach upsets, kidney disease, skin allergies, respiratory infections, diabetes, ear infections, colitis, eye infections, wound infections.

There are no ordinary cats!

### Enalapril for Surgical Scar/Keloid:

A painful post surgical abdominal keloid scar improved after four months treatment with 10 mg. of enalapril daily. A post surgical abdominal keloid scar of two years duration showed marked improvement after six months of enalapril.



After a long, harried day, Burton takes a sudative

Never try to save money on food, shoes, or medical care. Being cheap or stingy is very expensive. You save by buying the best the first time. (Will the person who got a really good deal on shoes please limp around the room).

### Hold This Day:

Our next natural hormone replacement seminar is March 8, 2007, 6 to 7:30 PM. Attend to get answers to low libido, osteoporosis, low thyroid, adrenal fatigue, depression, hot flushes, constipation, loss of sleep, etc. Any clinic or club interested in hosting about thirty people, please call Debbi at (910) 824-0082.

All I ask is the chance to prove money can't make me happy. (Seriously, one is not rich unless he can be happy living as if poor).

### Examples of Recently Customized (Compound-ed) Prescriptions of Historical Interest:

**Cidofovir** 0.5% Ophthalmic Solution, 60 days dating, refrigerated.

Cyclosporine or Tacrolimus Ophthalmic Solution in **non-irritating** Triglycerides, 9 plus months dating at room temperature.

**Nalbuphine** Ophthalmic Solution (non-controlled substance alternate to Morphine), up to one year dating at room temperature.

Atropine, Ketoconazole, and Biotin in a topical (non-penetrating) cream that produced remission of **vulvodinia**.

A mixture of **honey**, olive oil, and beeswax to relieve symptoms of **eczema** and psoriasis. (May add a grain of salt).

An oil-in-water cream of **L-arginine** in a mixture of salts to improve **temperature** and circulation in lower extremities of diabetics.

A transdermal (topical, penetrating) cream of **pioglitazone (Actos)** to reduce symptoms of **Autism**.

**Estriol**, Niacin, Benzyl Peroxide, Chrysaderm cream for teen-age **acne**.

**Chlorhexidine** gel for relief of external lesions from Crohn's.

No time? We all get the same 24 hours, what's your (my) excuse?

Poor Medicaid:

January 22, the Government Accountability Office (GAO) announced a reimbursement formula that will result in pharmacies losing 36% on every Medicaid prescription filled. Since Medicare D was instituted two area pharmacies have closed and a major chain is being "bailed out" by another.

-National Community Pharmacists Assn.

A friend will help you get drunk and plot revenge against the guy who made you sad; when you are blue will dislodge what ever is choking you; will know, when you smile you got lucky last night.

## Prescription Center

"We make drugs better."

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Pharmacists Gary, Gerald, Marcus,

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Timing has a lot to do with everything, especially a rain dance.

### Incidentally and By-The-Way:

Iron supplements may reduce risk of ovulatory infertility. Mmn

Pramipexole (Mirapex) may decrease fibromyalgia symptoms. Arthritis and Rheumatism.

Chromium, best known as a treatment for diabetes is now used by women with polycystic ovarian syndrome (PCOS). -Natural Medicines

For Peyronie's Disease: A twice daily regimen of grape seed extract, milk thistle, CoQ10, natural Vitamin E, and a once daily dose of Pinot Noir or Merlot. HHC

You are never too old to be what you might have been. - George Eliot.

High sugar intake may increase risk of pancreatic cancer. - American Journal of Clinical Nutrition.

Vitamin D is now treated and looked at as a hormone rather than a vitamin. Its deficiency is linked with auto-immune diseases, RA, cancer, and CHF. -HFP

Potassium Citrate is beneficial for Osteopenia. -Journal of American Society of Nephrology.

Pregnant women who "body pack" drugs have unique healthcare requirements. Body packing is swallowing packets of drugs to smuggle across US borders. If a pack leaks no standard of care exists for treating mother or infant. - Annals of Emergency Medicine.

There is no reason the same man should like the same book at 18 and 48. No man understands a deep book until he has lived part of its contents. -Ezra Pound

During 2005, 24,000 American children were hospitalized with injuries sustained when shopping carts they were riding in tipped over. The most common injuries were fractures. -Pediatrics

Sildenafil (Viagra) is useful for SSRI (anti-depressant) related sexual dysfunction in women - American Urological Association Conference.

Forty-two blockbuster drugs will lose their patents in 2007.

Worry is anticipation of stress.