

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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OUR 50th YEAR <> © December 2009

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Monthly, **Pharmacy Tomorrow**, this newsletter is available at www.RXFIXER.com

Information gleaned from more than 100 publications.

PRESCRIPTION CENTER will close at 4PM on Dec 24, close all day Dec 25, close at 3PM on Dec 31, and close all day Jan 1, 2010, otherwise 9AM to 6PM Monday – Friday.

ALAIR System for severe asthma: Asthmatx Inc. has developed **BRONCHIAL THERMOPLASTY**, a novel, non-drug procedure to treat adults with severe asthma, designed to improve quality of life for one year. Treated patients experienced a 32% reduction in severe asthma attacks, an 84% reduction in emergency room visits, and a 66% reduction in days lost from work/school.

Children brighten up a household – they never turn the lights off.

Hope for Pain after Shingles (PHN): To meet a significant unmet need NeurogenesX has developed **QUTENZA** 8% capsaicin patch. In 15% of patients pain can persist for years after shingles. The patch is applied in a clinic after a local anesthetic. Qutenza can lessen PHN pain for up to 12 weeks and may be repeated every 3 months. – FDA

Aim low, reach your goals, and avoid disappointment...

Don't Hold the Mayo: From the hair experts at RealBeauty.com. To strengthen and repair hair follicles and give hair a shine, **mix 2 eggs** in a bowl as done for scrambling. Use this as a conditioner after shampooing. Allow to soak in 2 minutes before rinsing.

To soothe blow-dryer and chemically-induced damage, **puree a ripe banana**, rub into hair/scalp. Rinse after 15 minutes.

For softer locks massage a cup of **mayonnaise** to dry hair. Shampoo after 15 minutes. RealBeauty.com has tips on making beauty products.

Annual question: **Is POINSETTIA toxic? No.** A 50 pound child/pet must eat 500 leaves to cause symptoms. APhA Poisoning & Toxicology Handbook.

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Merry Christmas & Happy
2010 to all.

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80% of electricity in France comes from nuclear without ever having an accident or pollution.

From Other Newsletters: The Medical Letter; Onglyza for Type 2 Diabetes; Paliperidone Inj. For Schizophrenia; Adcirca for Pulmonary Arterial Hypertension.

Pharmacist's Letter: No solid Rx after bariatric surgery; warning against Janumet; acid blockers interact with Plavix; ginger NOT safe if pregnant.

Heart, Health & Nutrition, Dr. Sinatra: D-Ribose, New Strength for Weak Hearts; Licorice Root Extract for flu.

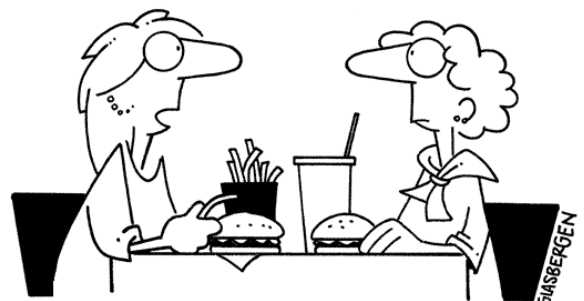
"Loans to get OUT of debt." Say what?

Be Happy / Be Sweet? Some antidepressants are linked to risk of hyperglycemia (high blood sugar) in patients with diabetes. 3.8% of patients affected were not being treated for diabetes. – Archives of Internal Medicine.

More deaths result from prescribed drugs than from street drugs. ?

FDA gives disposal instructions for unused medication: Safe disposal to prevent accidental poisoning is necessary, but as far as preventing pollution of the water supply, how do we keep from ever flushing the commode?

He who has health has everything. Happy, healthy new year to all.



"Every time I go on a diet, I lose my mind. Unfortunately, it doesn't weigh very much."

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Examples of Compounded (Customized) Prescriptions of Potential Interest:

Strattera Transdermal Gel. (Anhydrous).

Diazepam (Valium) 10mg vaginal suppos for spasms of interstitial cystitis. Choice of size & base critical.

Nalbuphine 1.2% ophthalmic analgesic drops, tissue studies (no eye discomfort) ongoing at Ohio U. Made possible by a \$40,000 grant from Prescription Center. **Recent published study used Nalbuphine in an unbuffered solution of bacteriatic saline which is obviously irritating.** Nalbuphine ophthalmic causes discomfort in dry eyes. If needed use a drop of "tears" first.

Sometimes difficult to explain: "For vaginal insertion, Protect from heat."

Medihoney Gel and dressings for wound care.

Metronidazole in poly-ox bandage for tumor ulceration. Misoprostol 0.0024%, Phenytoin 5%, Lidocaine 4%, can be added or used separately.

Estriol/Testosterone Vaginal Cream for Senile (Atropic) Vaginitis. Alternate for allergic patients: Testosterone 2% in washable anhydrous ointment base.

Apomorphine soluble tablets, capsules, solution. (Apo-morphine, chemically identical to the morphine molecule less 2 H₂O's, is not a controlled substance, used to cause vomiting instantly by putting a drop or 2 in the eye).

It is much more important to know what sort of person has a disease than what sort of disease a person has. –William Osler, MD ca 1800.

Retinoic Acid (Retin-A) 0.01% ophthalmic ointment.
Demecarium Br 0.05%, seldom used strength..

Gentian plus Ginger will stimulate appetite.

Testosterone sublingual drops, male & female strengths.

CARBACHOL (aka Isopto Carbachol) 0.01% ophthalmic drops.

NIFEDIPINE 4% topical for Raynauds.

Alicia Agard, ND, PhD (Naturopathic, homeopathic physician, PhD in nutrition, will be at Prescription Center on a full time basis beginning December 10, 2009.

Do you see what you believe or do you believe what you see?

... **sidney Baker, MD.**

Some FOODS harmful to pets: Chocolate, grapes, raisins, cherries, apricots, almonds, macadamia nuts, onions, any gum/candy containing "xylitol" a sugar substitute, alcohol, and raw eggs which cause skin and hair coat problems. ASPCA's Animal Poison Control Center 1-888-426- 4335.

Do not feed dogs turkey. www.asPCA.org.

MIGRELIEF (Migraine Relief) containing riboflavin, magnesium and feverfew can be effective migraine relief. www.migrelief.com

Prescription Center

"We make drugs better."

915 Hay Street, (910) 485-2167

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Our 50th Year

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The great enemy of truth is very often not the lie – deliberate, contrived, and dishonest – but the myth – persistent, persuasive, and unrealistic. ... Pres. John F Kennedy.

Pills & Skills: <><> Pet names of the week: for K9, "Jumbo" & for 3 felines: "This One," "That One," & "The Other One."

At every crossway on the road to the future each progressive spirit is opposed by a thousand men appointed to guard the past...

M Maeterlinck, Belgian Nobel Laureate.

Most Armour Thyroid strengths are temporarily unavailable. (As of now Rx Center has ½ grain and 1 grain). For other needs, a compounded version (also porcine) is available, from RX CENTER. Forest Labs who make Armour thyroid tried to "improve" their tablet by eliminating sugar and aluminum and so far has not been able to do so. New formulation will be more expensive. See: armourthyroid.com

Rx Format:

Thyroid, porcine USP, x mg (15,30,60,90,120, etc)

Dispense capsules# _____

Directions: One by mouth _____ X daily

(Armour cannot be specified).

Please do not interrupt me while I am ignoring you.

If At First Flibanserin which failed as an antidepressant has struck gold: The first drug proven effective for treating low libido in women. Sorry, not yet available. It is not a hormone and has no effect on hormone levels, works in the brain...Research in progress at UNC.

Vitamin-D Ad Nauseum: desquamative inflammatory vaginitis, or DIV (aren't abbreviations wonderful?) long thought to be due to a hormonal deficiency is shown to respond favorably to topical and oral vitamin-D. Correction to the "D deficiency ultimately leads to regeneration of the vaginal epithelium and cessation of desquamation. – Pub Med.

Vaginal dryness is the result of a hormone deficiency. If a prescription is not available, **SLIPPERY STUFF** (actual name of a commercial product) is helpful.

Prescription Center accepts VISA, Master Card, & Discover at the Pharmacy & by telephone.

Hard work spotlights the character of people; some turn up their sleeves, some turn up their noses, and some don't turn up at all.