

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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Each month, **PHARMACY TOMORROW**, this newsletter, is available at www.RXFIXER.com

Every teenager should get a high school education, even if they already know everything.

As Requested, We List Nutra-Ceuticals Discussed During Our March Seminar:

Celtic UNREFINED sea salt to provide 30+ nutrients removed from white, refined salt. Refined salt promotes disease; unrefined salt reduces stroke & high blood pressure and strengthens adrenals. (In the 2 generations living since America was warned about salt, cases of hypertension, obesity, & diabetes have skyrocketed. About 5% of the population, including some with reduced kidney function, need to avoid salt)..

A "sleeping pill" derived from herbs, including hops (as in beer), that does not give hangover, next day drowsiness, or memory loss.

How long a minute is depends on what side of the bathroom door you're on.

Iso-K, Rx Center's nonsteroidal rub (topical) to relieve muscle pain/stiffness (back, neck pain, etc). and cramps. Is not absorbed by the system, does not cause gastric irritation, bleeding.

For the conditions in the above paragraph, **KAPREX**, taken orally, also vegetable. Results comparable to Ibuprofen (Motrin) and Naprosyn (Aleve), again without gastric irritation. -Cannot be taken with **COUMADIN** (Warfarin).

CURCUMIN/B, similar to Kaprex except works through the system to stop rather than relieve pain. Curcumin/B and Kaprex may be taken together.

CONTROL BARS to maintain blood sugar levels 7 hours when skipping a meal.

Real knowledge is to know the extent of one's ignorance - Confucius

Americans are getting stronger. Twenty years ago, it took two people to carry ten dollars worth of groceries. Today, a five year-old can do it.

L-THEANINE, the good of 40 cups of green tea in each capsule. Relieves anxiety & nervousness as Xanax does but without drowsiness and delayed reaction time. Is also reported to help memory.

He who gives to me, teaches me to give.
- Danish Proverb

Also mentioned are **MAGNESIUM GLYCINATE**, Rx Center's almost perfect product, discussed on page 2, several books on hormones and aging, and the new **ZYCO** device that **determines nutritional status from your handprint using lie detector technology.** (Why take 30 pills if you need just 7)?

Three things cannot be long hidden:
the sun, the moon, and the truth

ANTI-HISTAMINES, YES & NO:

In March, Clinical Drug Investigation compared the leading Rx only once-a-day antihistamines for effectiveness and side effects. Most preferred is new & expensive **XYZAL** (levocetirizine), 1/2 tablet may suffice. Next are **ALLEGRA** (fexofenadine) and **CLARINEX** (desloratadine). Many consider non-Rx Claratin available generically as **LORATADINE** to be as effective.

Vegetarian - that's an old Indian word meaning 'lousy hunter'

At **American Heart Assoc** meeting 3-14-08 it was announced women using transdermal estrogen with or without topical progesterone had no increase in venous thromboembolism (blood clots); oral estrogen increased risk 60%.

Incidentally & by the way

Studies show high dose magnesium GLYCINATE with adequate probiotic combinations can raise oxygen blood levels (PCO2) within a week. <><> Alcon Labs has introduced TRISENCE, triamcinolone injection suspension 40mg/ml to treat ocular inflammatory conditions. <><> After taking fish oil for 8 weeks, patients stabilized on statin therapy reported a 29.5% average decrease in triglyceride levels and a 2.2% average decrease in non-HDL cholesterol. Patients given placebos (sugar pills) had reductions of 6.3% and 0.7%.

I have failed over & over again in my life and that is why I succeed -Michael Jordan

Low iodine levels increase breast cancer risk, The body does not store iodine. <><> 3 Bs for Better Blood Pressure: broccoli, brown rice, baked beans, sources of bloodpressure friendly protein. <><> Global survey reveals life satisfaction dips in middle age; improves with healthy aging. Social Science & Medicine.

From the top ten germiest places in America
#1 the kitchen sink

Not for everybody but adult vaccination rates for pneumonia, shingles, and cervical cancer are low. - CDC. <><> Levodopa (Laradopa, Sinemet) may hasten recovery from poststroke aphasia. Neurology

Everybody pulls for David, but nobody roots for Goliath

The commonly used breast cancer drug TAMOXIFEN may be an effective treatment for the acute mania seen with bipolar disorder. It may provide relief faster than lithium or valproate. <><> Higher education delays dementia onset but is linked to more rapid progression. Medscape Medical News. <><> Diabetes mellitus depresses otherwise healthy older adults. Internal Medicine. <><> Men who suffer from erectile dysfunction (ED) often have underlying heart disease. Both conditions are dependent on nitric oxide which increases blood flow, and on testosterone. Life Ext.

The hormone, Aldosterone may have a protective effect on hearing in old age. Laryngoscope.

A dog that O.D.'s on treats is "boned"

Prescription Center
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Aim low, reach your goals, avoid disappointment

Historical Compounds

FOR MS: Lo-dose oral NALTREXONE.

FOR FIBROMYALGIA: 4-aminopyridine 20mg modified release capsules.

TO SPOT REDUCE: 0.5% aminophylline cream; this was very popular several years ago. (Estrogen dominance most likely cause of fat-around-the-middle, in men & women, easily corrected with MEDCAPS DPO. Clotrimazole/DMSO equine irrigation.

A cat almost always blinks when hit in the head with a ballpeen hammer

Unsweetened, unflavored, toothpaste with Co-Q10, folic acid and pomegranate. (A little tea tree oil may have helped also).

For women: 5.5 mg SL (under the tongue) VARDENIFIL to increase passion within 1 hour; 2 tablets helpful for men in a hurry. Especially helpful after hysterectomy.

For restful sleep without hangover and a mild detox from daily BM's, Magnesium Glycinate, palmitate, melatonin capsules. (Unrelated to the above, an antidepressant taken late in the day prevents restful (Rem 3) sleep.

A lot of money is tainted. It taint yours and it taint mine

Ophthalmic antiviral CIDOFOVIR, ordered late at night but delivered (FedX) in California within 36 hours. (Is less irritating and faster acting than trifuridine).

"All Purpose" Nipple Cream; unknown if primarily for mother or baby, ingredients included, antibiotic, antifungal, and antiviral.

Declined to compound human growth hormone; seems the drug companies are against anything that may reduce obesity, eliminate high blood pressure, sexual aging, and diabetes.



"Instead of prescribing 100 capsules, how about just taking one large one?"