

## Pharmacy Tomorrow from Prescription Center

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Enthusiasm mixed with intelligence is magic.

### Combo Better for Migraine:

A report in the April 4 *Journal of the American Medical Association* shows Sumatriptan (Imitrex) and Naproxen (Naprosyn) given together offer more benefit than either drug alone as acute migraine therapy without increased adverse effects. The combination resulted in more 2-hour pain relief and 24-hour sustained pain-relief.

The next train left 10 minutes ago. - Punch

### At Last, Tranilast:

Tranilast (anthracitic acid) inhibits antibody-mediated hypersensitivity reactions, and is an effective drug for patients with bronchial asthma or allergic rhinitis. Hen's egg-sensitivity was also inhibited. Results show Tranilast can be helpful in patients with food sensitive atopic dermatitis:-

Gifu U. School of Med, Japan.

For the first time in humanity's economic history, the price of a commodity, uranium, has risen from \$8 to \$113 without a Pullback of more than 35 cents:-

James Dines

### Inch, French, Gauge, and Stuff:

We long ago quit trying to explain to some people it is 14 French and not 14 inch. FRENCH (Fr) is a unit which indicates the diameter of the hole which a tube can go through.

A 10 gauge catheter or NG tube has a diameter of 3.3 millimeters, a 20 gauge a diameter of 6.7 millimeters. Both are the same length in inches, or whatever. (10 millimeters make 1 centimeter, 2.54 centimeters make one inch). GAUGE is a unit which expresses the external diameter of needles, shot gun shells, etc.

We are still unable to explain there is no 25 x 1 inch hypodermic syringe.

Meanwhile, to convert Fahrenheit to Centigrade, subtract 32 and multiply by 5/9 (0.555).

To convert Centigrade (Celsius) to Fahrenheit degrees multiply by 1.8 (9/5) and add 32. For 82F to Celsius: 82 less 32 = 50 x 0.555 is 27.75C. Twenty-eight Centigrade to Fahrenheit: 28 x 1.8 = 50.4 plus 32 is 82.4 (close enough).

It is hardly credible one could be so positively ignorant:-  
Oswald Chambers.

### Iodine Supplements Boost Growth, Longevity:

It is accepted prenatal iodine deficiency impairs birth weight. In this study 71 iodine-deficient children were provided iodized salt, unrefined sea salt (Brand name REAL SALT). Three hundred and 10 iodine-deficient children were given oral iodine. Both groups showed a significant increase in thyroxine, T-3, insulin-like growth factor, IGF-1, weight and height for age.

The World Health Organization (WHO) estimates 300 million children worldwide are iodine deficient, need unrefined sea salt.

- Journal of Clinical Endocrinology and Metabolism. In adults, iodine controls various body conditions such as temperature (always cold), metabolism (slim/fat), breast cancer, hair loss and dry skin and nails. The 2 US generations told to use "Lo-Salt," or no salt have developed morbid obesity and high blood pressure in record numbers.

Impotence: Nature's way of saying "No hard feelings."



"It's very realistic....it comes equipped with plenty of red tape"

Cachinnation: Laughter without apparent causes, often observed in schizophrenia – Stedman’s Dictionary

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**Examples of Customized (Compounded) Prescriptions of Historical Interest:**

- Oral Ketamine for pain control.
- Entertainer’s Voice Secret: CMC, aloe vera gel, glycerin hypertonic solution with honey-apple.
- Glutamine oral solution 500mg/ml for painful sore mouth after chemo.
- Ten percent Tranilast to heal severe burn.
- Bruise cream: Vit K1%, Asc Acid 5%, Vit E 2%, Heparin 3000mg. By mouth 1000mg Vit C daily
- For plaque reduction: Triclosan dental floss.
- For migraine: B2 400mg, Mag Glyc 400mg, feverfew 100mg. Orally, 100 mg Co-Q-10 three times a day.
- For warts: Retinoic acid cream with 0.19% 2DDG.
- For: Erosive lichen planus, 0.2% triamcinolone acetonide rinse, no flavor or taste modifiers. Rinse with 1 teaspoonful 1 minute 4 times a day. Nothing in mouth for 30 minutes.

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**The patent for veterinary usages of ophthalmic Cyclosporine expires August 2, 2009**

**Incidentally and By-The-Way:**

- The FDA has approved generics for Biosil liquid, Garacin Piglet Injection, Pamoban (pyrantel pamoate) horse wormer O-T-C.
- Perlogide, for human use, has been withdrawn. It is unknown if it will continue to be available for veterinary use.
- Swedish massage relieves osteoarthritis – Archives of Internal Medicine.
- Cocoa, but not tea, lowers blood pressure – *Heartwire*.
- High-Risk patients taking ibuprofen (Motrin) and aspirin at greater risk for heart attack. –Annals of Rheumatic Diseases.
- Equissage offers a home study certificate course in **CANINE MASSAGE THERAPY**. 800.843.0224
- XY, Inc. of Colo., offers sex selection before conception of dogs, cats, cattle, horses, sheep, elk, dolphin and buffalo.
- Tramadol (Ultram): Premature ejaculation. –Hospital Pharmacy.
- Moderate exercise may lower risk for breast cancer in postmenopausal women: -Medscape Medical News.
- Lactobacillus improved colicky symptoms in 95% of infants in 1 week, simethicone in 7%. – Children’s Hospital, Turin, Italy.

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Celery has negative calories. It takes more calories to eat a piece of celery than the celery has in it.

- Rectal suppositories should be inserted with the blunt end first. (are retained better). –The Lancet.
- Fish oil added to statin therapy reduces risk for major coronary events – The Lancet
- Hot flashes are associated with systolic hypertension. – Menopause.
- Obesity linked with decreased suicide risk:- A.Int.Med.
- NIH to study CREATINE in Parkinson’s.

Everything should be as simple as possible but no simpler.

**Prescription Center**  
**“We make drugs better.”**  
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**Fayetteville, NC 28305**  
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The following will appear in the Fayetteville (NC) Observer and nationally.

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**One** term (?) US Senator Richard “Aaron” Burr, R-NC, has drafted legislation to take the control of pharmacists from individual states and give it to the FDA (read Drug Manufacturers) in an attempt to eliminate Compounding pharmacies (5% of Rx nationally) from competing with drug companies. The need for compounded medicines has existed since before President George Washington was treated at Alexandria Medical Arts Pharmacy. Nearly all injections used by hospitals, including the VA, are compounded. Several dosage forms developed by compounders are now sold by drug manufacturers.

Meanwhile, how has the accountable to no one FDA done? The first sulfa drug was mixed in wood alcohol and killed children. Mercurochome, camphorated oil, and terpin hydrate, the only medicines available to some families for generations are banned. Have mercury containing vaccines caused autism to increase 80%? Twenty drugs, some allowed on the market for 30 years, are banned after causing deaths. Synthroid was sold for 40 years without being approved. The FDA has not permitted importing drugs from Canada, although legislation has been passed allowing it. No related disciplinary action against any FDA official is on record.

Seventy percent of antibiotics in the US are used for livestock food. Hormones are used to fatten cattle. Eat the meat, get antibiotics and hormones. RbST injections increase milk production in cows; colon, breast and pancreatic cancer in humans.

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**EVERYBODY**, please write **THE HONORABLE RICHARD BURR**, US Senate, 217 Russell Senate Office Building, Washington, DC 20510-3306 and/or call 202-224-3154 and protest this legislation. If needed, Rx Center will help you. If anyone is interested in supporting a contender for this seat in 2010, three are available.

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“Adapt or die” – Jimmy

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Slogan of Guide Dogs of Texas: “Best Dogs in Sight.”