

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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OUR 47TH YEAR <> © October 2006

The greatest amount of wasted time is the time not getting started. Dawson Trotman

Options in Interstitial Cystitis (IC) Treatment:

Five men and seventeen women received five hundred milligrams of **QUERCETIN** twice a day for four weeks. None of the patients experienced negative side effects. **CONCLUSION:** Oral therapy with quercetin supplement provided symptomatic improvement in patients with IC. –[Tech Urol](#).

QUERCETIN is a citrus bioflavonoid. Buckwheat tea has a high concentration. It also occurs abundantly in red wine, tea, green tea, apples, berries, and brassica vegetables. It may competitively inhibit quinolone antibiotics including Cipro[®]

[Natural Medicines Comprehensive Database.](#)

Five hundred-ml of saline containing Oxybutynin (Ditropan[®]) was used as bladder irrigation. After one week, patients improved for up to nineteen weeks.

[Journal of Urology.](#)

Oral L-arginine, 1500 mg. daily, decreased urinary voiding discomfort and urinary frequency.

[Journal of Urology 158\(6\).](#)

L-arginine is an amino acid necessary for protein synthesis. It is found in red meat, poultry, fish, and dairy. It may lower blood pressure. Taken with ibuprofen it has relieved migraine headache. It must be taken orally every four hours or in twelve-hour enteric-coated capsules.

Dye free, oral Hydroxyzine (Atarax[®]) is suggested as a treatment for refractory IC patients with allergies or bladder mast cell activation.

[Urology 49\(5A\).](#)

Oral cimetidine (Tagamet[®]), 300 mg twice a day, showed encouraging results in IC patients. [Urology 44\(4\).](#)

[Innovate or Stagnate.](#)

No Poinsettia this Christmas?

Patients with natural rubber latex allergy may react to latex from the poinsettia plant. –[Southern Med Journ](#)

Poinsettia, or Christmas Flower, is named after Colonel Joel Roberts Poinsett of the US Army. He was the first ambassador to Mexico and brought the plant to the US. Poisoning from eating parts of the plant is not proven. Contact dermatitis is common.

[Unique pick-up line: "Are you allergic to latex?"](#)

PREMARIN Use Linked to Stroke, DVT, and Dementia:

On April 24, 2006, the FDA warned daily use of low dose conjugated estrogen (CE, Premarin) increased risk of stroke, deep vein thrombosis (DVT), and dementia. FDA also reported women sixty-five to seventy-nine years, taking Premarin, and who have undergone a hysterectomy developed dementia five years sooner than others. Similar risk occurred if PROVERA was also taken.

[Woodward Avenue, Detroit, was the first paved road, anywhere.](#)

Pharmacy Tomorrow is on line at

www.RXFIXER.com

The ultimate put-down: "Yes, I'm allergic to latex and I have herpes."

Four Dollar (\$4) Prescriptions:

Some Florida pharmacies have advertised "300" generic drugs for \$4.00 for 30 doses. Their rationale is not known. The cost to fill a prescription is \$10.00 to \$12.00 PLUS the cost of the drug. Only one of the twenty most used generic drugs is on the list. Most drugs are listed more than once, amoxicillin twelve times in different variations, **reducing** the number of generics offered to one hundred thirty-two. Patients must pick-up their prescriptions – no delivery or mail order.

[Give a weed an inch and it will take a yard.](#)

Incidentally and By the Way:

Most products containing carbinoxamine, including RONDEC[®] are recalled, having never been approved.

Increased vitamin D-3 may protect against MS.

Patients can have symptoms of hypothyroidism, including low T-3 (active thyroid); yet have normal levels of T-4 (inactive thyroid) and TSH (thyroid stimulating hormone). David Brownstein, M.D.

DHEA replacement improves bone mineral density in older adults.

High-Dose Cyclophosphamide effective in refractory multiple sclerosis. – [Archives of Neurology](#)

Carpel Tunnel, Bell's Palsy may appear up to ten years before diabetes –[Diabetes Care](#)

The use of oral acetylcysteine with an antibiotic and an acid blocker significantly enhanced eradication rates of H. pylori bacteria in gastric ulcer. –[Off-Label Drug Uses.](#)



First Kiss

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If you get a sudden urge to run around naked,
Drink Windex,
It will keep you from streaking.

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Zostavax (shingles) Vaccine Available:

Zostavax is a one-time injection to prevent shingles in patients sixty years or older who have had chickenpox. It is not a treatment for shingles. The cost of an injection is about \$200.00

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Lost time can never be found.

Feed A Cold, Starve A Fever:

Researchers now agree, grandmother was right. T1 cells, critical in fighting viruses are more abundant in the circulation after meals. T2 cells which fight bacteria increase when we eat moderately- do not stop eating altogether. In both incidences keep water intake high. BRITISH MEDICAL JOURNAL (330: 1158,'05).

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Water has the ability to memorize and transport information.
Dr. Masaiu Emoto.

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American College of Chest Physicians on Coughs:

Use antihistamine-decongestants, the older antihistamines (brompheniramine, etc.) are more drying. 2. Naproxen, Aleve, after food, help by reducing inflammation. 3. Guaifensin (GG) is not recommended. 4. Dextromethorphan (DM) adequately dosed or codeine can be used. -Pharmacist's Letter. By prescription, Tussionex is as effective as it is pleasant tasting and expensive. The dose is one-fourth to one-half teaspoon every 6 hours. Also effective, for adults, is 200mg. of benzonatate (Tessalon) three times a day alone or with Tussionex. GARxY.

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Say what? Oster is selling an electric wine bottle opener. Not necessary until after the fourth bottle?

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T-3 Thyroid Enhances Antidepressants:

This study involved patients with major depressive disorder; patients with hypothyroidism were excluded. Findings in patients receiving Zoloft® show that T3 (Cytomel) is effective as an enhancer of antidepressant (SSRI) therapy. Earlier studies showed similar results with tricyclic antidepressants, Elavil, etc.-Congress of the European College of Neuropsychopharmacology. Pharmacist's observation: Liothyronine (Cytomel) 25 mcg twelve hour release capsules are preferred. Armour Natural Thyroid (T3 and T4) is an option.

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Japanese men smoke twice as much as American men but have half the rate of cancer. -Charles K. Bens, Ph.D. in *The Healthy Smoker*, Happy Cells Publishing.

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In heaven there is no beer, that's why we drink it here.

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Melatonin May Reduce Pain of IBS:

Due to the high prevalence of sleep disturbance in Irritable Bowel Syndrome (IBS) patients with IBS and sleep disturbances received 3 mg. of melatonin or a placebo (sugar pill) at bedtime. After two weeks the melatonin group experienced less rectal pain and significantly reduced abdominal pain. -GUT, October.

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YES, so far we have TYLAN, Tylosin 100 Gms.

There are no natural lakes in the state of Ohio

Prescription Center
"We make drugs better"
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Pharmacists Gary, Gerald, Marcus, Mindy, Debbie
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In June 1932, a federal gasoline tax of one cent per gallon went into effect.

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Compounder's Advantage:

Pharmacists can customize a new treatment immediately; a drug manufacturer needs seven years, or will discontinue a needed product if it is no longer profitable. Examples of compounded prescriptions:

- 1: Transdermal Dimenhydrinate, 25 mg, (Dramamine) for nauseated one year old
- 2: Domperidone to increase mom's milk supply for baby.
- 3: Oxytocin nasal to "start" mom's milk supply—to activate the milk ejection reflex. .
- 4: Chondroitin sulfate, 10% ophthalmic solution for ulcerative keratitis in dogs.
- 5: Estriol 0.625 topical for feminine dryness.
- 6: Alprostadil topical cream, 300 mcg in place of Viagra.
- 7: A combination of three drugs as a nasal spray to improve orgasm.
- 8: Modified release Baclofen capsules for once or twice a day dosing.
- 9: Famciclovir oral solution.
- 10: Spirinalactone 2-5%, Progesterone 2%, Azelaic Acid 2% twice a day for three or more months to remove facial hair.

Examples are just that and are not to promote any drug. We are available to discuss with physicians and their patients alternative treatments. Most require a prescription.

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Restless Leg Syndrome (RLS):

Patients with RLS often describe the urge to move, uncomfortable sensations, and pain which worsens during rest. Twenty-five to thirty percent with iron-deficiency states, including pregnancy, renal failure, and anemia may develop RLS. Therapies include iron replacement, Levodopa, gabapentin, opioids, and Elavil. -Am Journal Health-Systems Pharmacist.

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Attempt the impossible in order to improve your work.
--Bette Davis

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Casodex Improves Prostate Cancer Survival:

Bicalutamide (Casodex) given daily following radiotherapy reduced overall risk of death from locally ADVANCED prostate cancer by 35%. Casodex has additional quality of life benefits, in physical ability, in maintaining sexual interest, and bone mineral density.

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Popeye's Desert:

Unbelievable, but salad bars continue to feature spinach. Our defense against this and other currently popular "bugs" is 15 billion cultures of acidophilus, bifidum, and longum as found in Florajen3. GARxY.