

# Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL  
AND  
MADE TO ORDER DRUGS

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Put the power of the chemist to work for you!

Monthly, **Pharmacy Tomorrow**, this newsletter is available at [www.RXFIXER.com](http://www.RXFIXER.com) Last 2 issues coming soon

Information gleaned from more than 100 publications.

**PRESCRIPTION CENTER** will be closed on Thanksgiving Day (Thursday only) to allow staff to over-eat and be thankful for the relief available from **FLORAJEN-3 probiotics**, and to give thanks for you.

**Figs and navy beans** (not old) are excellent sources of magnesium in the diet. **Magnesium Glycinate** 600 mg capsules are the preferred supplement. Adults take 2 or 3 a day. <><> **To reduce ALZHEIMER'S risk:** Keep mentally active, Remain physically active, Develop a strong social network, Maintain healthy blood pressure, Maintain an appropriate weight & reduce belly fat, Get adequate Vitamin-D, Eat fish regularly, Drink some Coffee, Prevent type 2 diabetes.

>>>The apothecary is the physician to the poor at all times and to the rich whenever the distress or danger is not great. – Adam Smith 1776 <<<

**LIFE STYLE Adjustments after BARIATRIC SURGERY:** Use liquid, crushable, or topical meds. Especially avoid enteric coated and extended release dosage forms. **Split** large pills to avoid blocking the band. Take extra supplements: B-12, FOLATE, and SOLUBLE CALCIUM, b-1, IRON, a-d-e & k. <><> **INTUNIV**, new for ADHD at \$165.00 a month has little advantage over proven drugs at \$50 a month. – Pharmacist's Letter. <><> **Pfizer Drug** is fined \$3.2 Billion for lying about benefits of their drugs.

So, drug prices increase, drug company executives make more, and life goes on unchanged.

<><> **ADD** improves with exercise. – JJ Rateley, MD

Jimmy carter's **PLAYBOY** interview (before he became President) discussed forbidding a man lusting for a woman. Why no mention of a lady for man and man for man?

**Instructions exist for making TAMIFLU Suspension from capsules. Specific solvents are required. Still, it is best to make 1 dose as needed from 1 capsule. Ask the pharmacist.**

Jack Dreyfus who started Dreyfus investment funds, believed in, took, and wrote a book on **Low dose DILANTIN** as a treatment for depression.

**RESVERATROL**, an antioxidant may produce some of the same benefits as calorie-restricted diets in reducing age-related diseases and increasing life span. – The Medical Letter

When the power of love overcomes the love of power, then the world will know peace. (Jimi Hendrix)

**Avastin (Bevacizumab)** provides significant improvement in visual acuity of diabetic patients and clinical course of macular oedema.

If I knew grandchildren were going to be this much fun, I would have had them first!

**LISTEN and LOSE: Cell Phones & Brain Cancer.** Some studies (not all) consistently show a "significant" risk for brain tumors from cell phone use. The danger is highest in children, and the younger a child is when he/she starts using a phone, the higher the risk.

Discovery consists of seeing what everybody has been thinking and what nobody has thought. – Von Nagyrapolt

## TOP 5 REASONS WOMEN DRINK



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**Examples of Compounded (Customized) Prescriptions of Historical Interest:**

**Flurbiprofen base Ophthalmic** sans additives in 10 ml & 15 ml droptainers with significant economy.

**Cidofovir** 0.5% ophthalmic drops, 99+% stable at room temperature for 4 months plus. Effectiveness / Stability testing in process at Colorado.

**Nalbuphine** 1.2% ophthalmic analgesic drops, tissue studies (no eye discomfort) ongoing at Ohio U. Made possible by a \$40,000 grant from Prescription Center

**You cannot help the poor by destroying the rich.**  
—Abraham Lincoln.

**DICLOFENAC Ophthalmic Solution**, preservative free in 10 ml droptainers at usual cost of 2.5 ml size.

**Happy Hiney, Stomahesive, Questran, Desitin** for raw skin, male or female, infant or adult. Rx Center **DERM CREAM** is not bad either.

**MANUKA**, and to a lesser extent, other honey is a superior base for medications to treat skin lesions, including bed sores.

**Estriol/Testosterone Vaginal Cream** for Senile (Atropic) Vaginitis. Alternate for allergic patients: Testosterone 2% in washable anhydrous ointment base.

**Ophthalmic DEMECARIUM Drops, 2 strengths.**

**Is swimming good for your figure? I cannot swim? Ask a whale.**

**KETOPROFEN 2% Oral Gel** for inflammatory conditions and pain of the mouth.

**For Facial Anti-Aging**, 0.3% estrogen-3 in Chrysaderm Cream.

**STIBIUM** ointment (0.4%) applied to the back of the neck twice a day for chronic, intractable nose bleed.

**Eat more vegetables – Do foods fried in vegetable oil count?**

**STRESS** is short for **Distress**, an unpleasant influence by forces outside and inside the body. Your adrenal glands are chiefly responsible for controlling stress. Stress is additive and cumulative (James Wilson, PhD.) Uncontrolled stress affects every body function: Sleep, memory, male & female hormones (libido), immunity, and more. In other words, unless adrenal output is normalized, the above cannot be normalized. .

Half of gun deaths are suicide.

**Some FOODS harmful to pets:** Chocolate, grapes, raisins, cherries, apricots, almonds, macademinia nuts, onions, any gum/candy containing "xylitol" a sugar substitute, alcohol, and raw eggs which cause skin and hair coat problems.

ASPCA's Animal Poison Control Center 1-888-426- 4335,  
[www.aspc.org](http://www.aspc.org).

On the other hand, low dose (half teaspoon) Cod Liver Oil or Fish Oil can be beneficial.

**Prescription Center**

**"We make drugs better."**

915 Hay Street, (910) 485-2167

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**Our 50<sup>th</sup> Year**

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All that is necessary for evil to succeed is that good men do nothing. It's happening right now. - NY Times.

**Pills & Skills:** <><> Pet names of the week: for K9, "Petunia" & "PEE." for a feline "

**Eruptive humors fly before its powers, pimples and freckles die within an hour. –Adv for GOLAND'S LOTION, 1809.**

**Do drug manufacturers advertisements never change?**

Most Armour Thyroid strengths are temporarily unavailable. (As of now Rx Center has ½ grain and 1 grain). For other needs, a compounded version (also porcine) is available, from RX CENTER. Forest Labs who make Armour thyroid tried to "improve" their tablet by eliminating sugar and aluminum and so far has not been able to do so. See: armourthyroid.com

**Rx Format:**

Thyroid, porcine USP, x mg (15,30,60,90,120, etc)

Dispense capsules# \_\_\_\_\_

Directions: One by mouth \_\_\_\_\_ X daily

(Armour cannot be specified).

**Health Benefits from COFFEE:** Drinking up to 2 cups of coffee a day can reduce your risk of heart disease according to Sandy Fryhofer, MD. Doc did not elucidate what kind but if yours is decaf use a disposable paper filter.

Just one can of **RED BULL Drink** can increase stroke risk.

The **Vitamin B-12 Patch** is "back" and just as unnecessary and expensive as ever.

The **FDA** is trying to determine the extent of problems after **LASIK** surgery.

Ever heard of **Gamucci, Cloud 9, or Njoy?**, the names of "e" cigarettes, electronic cigarettes. The battery powered devices shaped like cigarettes do not emit smoke, do provide nicotine to the user's lungs.

A new vaccine to prevent cervical cancer (**CERVARIX**) is available. **Any** female having unprotected sex with as many as 5 men may be exposed to cervical cancer.

**Prescription Center accepts VISA,  
Master Card, & Discover at the  
Pharmacy & by telephone.**