

Pharmacy Tomorrow from Prescription Center

Gary Newton, FACA, Pharmaceutical Chemist; Gerald Mizelle, Consultant Pharmacist
915 Hay Street, Fayetteville, NC 28305, (800) 682-4664, Fax (910) 485-3335

www.rxfixer.com gary@rxfixer.com

OUR 48TH YEAR <> © June 2007

RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

Pharmacist Marcus Cameron, Friend, Confidant, Associate and Colleague, departed this life May 25, 2007, while asleep. We mourn with Gwen, his children, patients, and many friends.

Rosiglitazone (Avandia), Legitimate or Hype?

NEJM, New England Journal of Medicine, a highly respected reference is beginning to resemble a tabloid, sans the centerfold.

The published hype about Avandia is a far from perfect study. If a scare stops people from taking beneficial drugs, harm is done and pharmacists get more phone calls. The group doing this study is not qualified to reach the conclusion made in the headlines, that Avandia may cause problems, not that it DOES cause problems. Hopefully, it is now more obvious METFORMIN should be the drug of first choice. Then, if necessary, **ACTOS (pioglitazone), although not perfect, is less dangerous. It may also provide cardiovascular benefits.** All patients should continue treatment as prescribed until their physician and/or pharmacist are consulted. **There may be no reason to switch.**

Can we have equal enthusiasm for lifestyle changes that cause many more problems than Avandia? Probably not, because common sense does not come in a pill (not even a compound) and insurance does not pay for it.

HEADLINE: Study just reported during DIGESTIVE DISEASE WEEK 2007; Avandia relieved symptoms of ulcerative colitis in 1/2 of patients treated. References available at Rx Center.

What a difference a decimal makes:

Recently a national news release mentioned CIDOFOVIR (Vistide) used in ophthalmology as a 5% suspension. The usual potency is 0.5% --1/2 percent. GARxY. (AE BID x10)

10% of the population has Belonephobia, fear of needles.

"They" say taking 8000mg of niacin will beat drug tests. Not true, and dangerous. More than 3000mg of even "no-flush" niacin is unnecessary for any reason.

Time is more valuable than money; once spent, it can not be replaced.

Pharmacia & Upjohn fined \$20 million:

P&U offered a \$12 million bribe for preferential treatment by the Medicare drug program, the same program that has caused the demise of three area pharmacies. P&J is to be permanently (6 months?) excluded from federal healthcare programs. Drug Topics.

There are no free puppies.

Your Mother Made You Do It?

Historians have confirmed an alleged sexual relationship in 1898 between SIGMUND FREUD and his sister-in-law. A hotel registration in the names of Freud and Bernays has been discovered during research for the book *The Moses of Sigmund Freud*.

PARABENS ?? :

Recently, PARABENS are in the news. Parabens, used for generations as preservatives in everything from eye drops to hand lotions, are sensitizers - the same as poison ivy. With repeated contact sensitizers cause an allergy-like reaction. Of greater significance, some parabens are pseudo estrogens which the body assumes are hormones. Your hand lotion can affect your hot flushes. READ LABELS. (RxCenter has never compounded with Parabens)

How can you go "on line" if the system is wireless?

Hair Here, Hair Tomorrow:

At last month's classes in Functional (Anti-Aging) Medicine a device that regrows hair was demonstrated. It looks like any hair brush, has rubber bristles, no moving parts, and emits low energy laser beams. The scalp is treated (brushed) for fifteen minutes three times a week for three months, and "look Mom, hair!"

If you do not travel first class, your children will.

Headache Linked to Eye Disease:

Investigators at UNC, Chapel Hill, report in *Neurology* that middle aged patients with a history of migraine and other headache types were more likely to have retinopathy than those without headaches?

India's Tata Motors will soon begin importing to the US, full size cars selling for \$2,500.00.

Seasonal Link to Endogenous Uveitis?

At the 2007 meeting of the Association for Research in Vision and Ophthalmology researchers reported spikes every year in the number of patients presenting with endogenous uveitis (inflammatory eye disorder not associated with infection) during the month there is a peak in levels of tree pollen. Tree pollen is not suspected but a seasonal pattern is obvious, maybe more hours of daylight, poor Eskimos. – Medscape.

History is written by the winners.

Breast Cancer and Diet:

Today 1 in 7 American women will develop breast cancer, twice as many as in 1980 when more iodine was allowed in the diet. A simple patch test can "estimate" iodine deficiency which is correctable with inexpensive non-prescription iodine/selenium tablets.

Compounded, under the tongue Midazolam (VERSED), is preferable to intranasal or other routes of administration. – Pallative Drugs.

IOM, Institute of Medicine, reports the same number of visits to emergency rooms are caused by aspirin as by automobiles. Visits caused by motorcycles were 450 times greater.

Enough iPods have been sold for every third American to have one, although not covered by insurance. iPods worn near a pacemaker may interfere with it.

Heart Rhythm Society.

Prescription Center

"We make drugs better."

915 Hay Street, (910) 485-2167

Fayetteville, NC 28305

Pharmacists Gary, Gerald, Mindy NA

© June 2007

Prescription Center will be closed,
Wednesday, July 4, except for prescription
emergencies.

AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA

Incidentally and By-The-Way:

Fiber and Magnesium intake protects against developing type 2 diabetes. – *Archives of Int Medicine.*

PHENOCANE is new for pain management. Its main ingredient is **CERCUMIN**, a yellow pigment from plants.

Chondroitin is receiving negative publicity. The preferred treatment for knee pain, and to improve functionality is still glucosamine SULFATE, with chondroitin SULFATE added after three weeks if needed. *Annals of Internal Medicine.*

Feeling young never gets old.

OMACOR, a new brand of fish oil is by prescription only. It offers no benefits not already available from non-prescription brands.

Intranasal OXYTOCIN shows promise for improved brain function and less repetitive behavior. –2007 International Meeting for Autism Research.

A single annual infusion of **Zoledronic Acid** (ZOMETA) improves bone density in postmenopausal women with osteoporosis. – *New Eng Journal of Medicine.*

A dog groomer in Seattle cut off a dog's ear and super-glued it back on. At home, the ear fell off giving the owner quite a shock. The shi tzu is fine.



"And now, to test your balance and dexterity....."