

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL,
And
MADE TO ORDER DRUGS

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Are you the opposite sex or am I?

Each month, **Pharmacy Tomorrow**, this newsletter, is available at www.RXFIXER.COM.

Hang up and drive!

Sunscreen "pills," SunPill and Heliocare contain vitamins and/or antioxidants. They are NOT a substitute for topical sunscreens. Pharmacist's Letter.

Fancy clothes and expensive cars are a sign somebody ONCE had money or borrowed it.

Is God a Male Chauvinist?

For some who are prone to migraines, that susceptibility may not interfere with their sex life, and may improve their libido, according to the June issue of **HEADACHE**. Research suggested intercourse might alleviate migraine attacks. (If you have an excuse, do not use it).

I have gone to find myself. If I get back before I return, keep me here. David Covitz, DVM.

Smoking Causes Facial Wrinkling and COPD:

The June 14 issue of **THORAX** reports cigarette smoking causes accelerated facial wrinkling and substantially increased risk of Chronic Obstructive Pulmonary Disease. Facial wrinkling was also associated with a greater risk for more extensive emphysema.

They call it PMS because M C D was already taken.

Patient Failure, Not Treatment Failure:

Although modern treatments can sometimes work wonders, they do not work at all if the patient does not take them. About 50% of treatments are taken correctly, with a range of 0% to 100% plus. Many prescriptions are never filled and a high percentage of patients never seek medical help. ACP Medicine, June 06.

Burying your head in the sand is not an option.

Yeah, Right, Great Idea:

Our insurance company has asked the pharmacy burglar alarm be modified to trigger a smoke cannon that fills the building with dense smoke. Only problem, in two years the alarm has been triggered an average of once a week, and always accidentally by a staff member(Gary).

If you are not the fastest, you are prey.

Drug Company Warned, Again:

Problems were detected in June 2005 with stability, purity, and content of drugs made by **WYETH PHARMACEUTICALS**. As of 6/11/2006, corrections have

not been made or recalled. Prominently mentioned were birth control "pills," Phenergan, Ativan, Isordil, **Premarin**, PremPro, Protonix, Effexor, Inderal, Reglan, Robaxin. Since generic or therapeutic equivalents exists, Prescription Center **has removed all** Wyeth products from inventory, except Effexor. (FDA Bulletin).

Dropper Bottles (Droptainers):

Prescription Center **EXCLUSIVE**: Ten ml sterile ophthalmic droptainers to be available in July 2006.

Birthdays are good for you.

Incidentally and By the Way:

Exercising regularly can make your RealAge as much as nine years younger.

Heart rate recovers slower after exercise in patients with depression. *American Heart Journal*, May

The effect on memory by DITROPAN XL was comparable to ten years of cognitive aging. Dr. Gary Kay at the American Urological Association 2006 Annual Meeting.

ACE Inhibitors, a class of blood pressure medications, may be unsafe during the first three months of pregnancy. *New England Journal of Medicine*.

Thalidomide, the drug that caused birth defects in thousands in the 1960's, improves survival in patients with multiple myeloma, at a price.

The Food and Drug Administration has approved a generic form of Banamine Solution (Flunixin).

The use of non-steroidal anti-inflammatory drugs (NSAIDs) increases the risk of erectile dysfunction (ED) in middle age and elderly men, according to a report in the *May Journal of Urology*. Examples of NSAIDs are Celebrex, Motrin, Ibuprofen, and Naprosyn.

Carbonated beverages and Benzodiazepines (Valium, Xanax, etc.) may cause heartburn during sleep. *Chest*, May 2006.

A merry heart doeth good like a medicine. Proverbs.



Do not become chained to one size fits all.
Custom compounds for your exact need are available

The eyes cannot see what the brain does not know.

Aspirin Withdrawal May Trigger Stroke:

Aspirin, used to prevent stroke, is often discontinued before surgery, dental visits, etc. Of three hundred nine patients admitted after a stroke, a majority had discontinued aspirin within the last 9.5 days. Nat Clin Pract Neurology 6/2/06

Psychiatrist diagnosis, Intermittent Explosive Disorder == Road Rage

Studies Show Link Between Antidepressants & Diabetes:

Depression is two to three times higher in diabetics than in the general population. Findings from 3187 pre-diabetics showed, patients on antidepressants were 2.8 times more likely to become diabetics. Am Diab Assn 06.

Holy Wedlock or Deadlock?

Chemical Tacrolimus Recalled:

Tacrolimus, USP powder, distributed by Spectrum Labs has been recalled. Luckily, Prescription Center has never used Tacrolimus by Spectrum. Our ophthalmics have consistently assayed at 96% plus potency. Ninety percent potency is acceptable to the FDA.

Dear Sue: I hate you. Love, Sam

Not Just for Joan Collins Anymore:

BOTOX may be the drug of the decade. Made popular by its use in eliminating wrinkles, it is routinely used to prevent headaches, to stop bladder leakage, for anal fissures, to reduce hyperhidrosis (sweating), depression, and to treat neuropathy. Dermatologic Surgery 2006;32:645-650..

The best angle from which to approach a problem is the Try-angle.

Estrogen Cream Eliminates Wrinkles:

A cosmetic cream of low dose estrogen, within six months, erased wrinkles more effectively, permanently, and with less expense than BOTOX. No systemic absorption or side effects were noted. U of Vienna Medical School.

Financial Planning Mistake - Expecting to die too early.

Every Pill To Be Chipped:

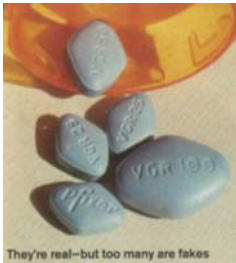
The FDA is forcing drug companies to use **Radio Frequency Identification Technology** to electronically tag every pill, tablet, and capsule as a means of stopping counterfeiting. (Why not just charge reasonable prices?)

You look like I feel



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They're real—but too many are fakes

Prescription Center
"We make drugs better."

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Pharmacists Gary, Gerald, Marcus, Mindy, Debbie
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If you do not get caught, did you really do it?

Compounder's Advantage:

Pharmacists can customize a new treatment immediately; a drug manufacturer needs seven years, or will discontinue a needed product when it is no longer profitable. Examples of compounded prescriptions:

1. A skin patch to determine if the body is iodine deficient. (O-T-C).
2. D-mannose for bladder infection. (O-T-C).
3. Nifedipine 0.2% topical for anal fissures.
4. Metronidazole 10% for anal fissures.
5. Budesonide **9mg.** enteric coated capsules.
6. The equivalent of discontinued UNIBASE cream
7. Estradiol shampoo for menopausal "thinning hair."
8. Melatonin Gel for hormone imbalance hair loss. (British Journal of Dermatology).
9. Ginger Jollypops for nausea in children too young for Phenergran, promethazine. (O-T-C).
10. Melatonin liquid to promote sleep in adolescents. (O-T-C).
11. Clonidine 0.01 mg. to maintain sleep in adolescents.
12. B-Z-P capsules for healthy nails. (O-T-C).
13. L-Arginine Cream for "sexual health."

Examples are just that and are not to promote any drug. We are available to discuss with physicians and their patients alternative treatments. Most require a prescription.

Adapt, Survive

Hair Growing Tongue:

After a graft with skin from his neck, a patient treated for a malignant growth on his tongue grows hair on his tongue that requires daily shaving. Palative Drugs.com

The older I get, the better I was.

New Hospital for Military Dogs:

The US Defense Department has contracted to build a \$9.27 million facility at Lackland Air Force Base. It will have a forty bed recovery wing with treadmills and underwater exercise. Pet Health News.

Wanted: Meaningful Overnight Relationship.

Sleep 101:

Sleep has five basic stages; restful sleep requires the passage through all five. Common causes of insomnia are stress, irregular schedules, drugs, and pain. Valerian and Chamomile are natural herbs that promote sleep. Magnesium Glycinate/Malate and Calcium Citrate, 5-HTP, Vitamins B3, B6, and folate are nutrients that help. Low dose Melatonin promotes undisturbed sleep. Antidepressants (Paxil, etc.) taken at bedtime prevent restful sleep. The Sleep Naturally Plan, Stephen Holt, MD

I'm so far behind, I think I'm first.

CLA Supplements Reduce Body Fat - Conjugated Lineolic Acid (CLA) reduces fat in the abdomen and legs, body weight does not change. The changes are independent of diet and exercise. -Digestive Disease Week.

AUTO
SQUEEZE



Using eye
Drops made
easier