

Pharmacy Tomorrow from Prescription Center

Gary Newton, FACA, Pharmaceutical Chemist; Gerald Mizelle, Consultant Pharmacist
915 Hay Street, Fayetteville, NC 28305, (800) 682-4664, Fax (910) 485-3335

RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

www.rxfixer.com gary@rxfixer.com

OUR 47TH YEAR <> © February 2008

Our "product" is our knowledge & experience.
Put the power of the chemist to work for you

Armour Thyroid, naturally occurring T3, T4 from hogs, is in short supply; Rx Center has limited inventory. An equivalent, NATURE-THROID is available

Many patients with **GLAUCOMA** have poor absorption of thiamine (B-1). High dose B-1 and digestive enzymes and not using acid blockers (PPI's, the purple pill, etc.), taking alpha lipoic acid and exercising may help. Thyroid/Iodine status is important. - IMF

Budget: A method of going broke methodically

MARGARINE developed to fatten turkeys, killed them. To protect their investment, manufacturers colored margarine yellow and advertised it to unsuspecting humanoids, with the blessing of the FDA, as a butter substitute. Eating margarine can increase heart disease in women 53% (Harvard) and decreases the absorption of many nutrients in other foods. TEST IT YOURSELF: Place margarine outside in a shaded area. In a few days, notice it smells the same and is not bothered by flies. WHY, because it is plastic, void of nutritional content that spoils or attracts insects. Use these facts to "butter up" your friends.

Ever stop to think ---and forget to start again

Natural is better and not just better than silicone. Our bodies know the difference. The Natural Research Council of Canada found 5.3 times more natural Vitamin E in the brain than synthetic, 3.6 times more in red blood cells, 2.6 times more in lungs, 2.4 times more in plasma, 1.9 times more in the heart, and 1.7 times more in the muscles. (Moreover, we thought synthetic butter was bad).

The evening news is where they begin with 'Good evening', and then proceed to tell you why it isn't.

I-Snake, a flexible surgical robot will revolutionize surgery, allowing many more operations, including bypass surgery, to be keyhole procedures. In addition to smaller scars, reduced hospital stays and shorter recovery times, eventually scars may be entirely eliminated.

Each month, **PHARMACY TOMORROW**, this newsletter, is available at www.RXFIXER.com

The reason a dog has so many friends is that he wags his tail instead of his tongue

The need for adequate levels of **ZINC** in our systems is documented. A new nursing home study (Tufts U) shows low body levels of zinc are associated with greater frequency and duration of pneumonia, greater use of antibiotics and greater all-cause mortality. The Zinc (taste) Challenge Test is pleasant, inexpensive, and takes 3 minutes. It is based on quantity of Gustin in the mouth.

I don't need an encyclopedia, my wife knows it all

Stress caused **ADRENAL FATIGUE**, and related disorders of the adrenal glands are easily determined with a Do-It-Yourself **SALIVA TEST**. Nutritional treatments abound. Elevated cortisol secretions are corrected by **SERIPHOS**, targeted nutrition, and glandular supplements, etc. To improve cortisol secretion, **ADAPT-** (as in **adaptive**) restores low adrenal function and balances cortisol levels throughout the day. Never use cortisol supplements without Adapt.

Your happiness depends on one person, YOU

DANNON sued over claiming proven health benefits, from Probiotics in yogurt
Hormonal suppression, dietary therapy improves endometriosis --- Fertility & Sterility
Formal music therapy may improve mood in depression --- Medscape psychiatry
From the book AGE-less Face AGE-less Mind (Perricone): Brain cells can be rejuvenated through diet and nutritional supplements. (Seriphos)
High consumption of red meat (a quarter pound of hamburger, a small steak, or a pork chop daily) increases risk of several types of cancer

Anybody who doesn't know what soap tastes like has never washed a dog

I requested instructions as how to reset my Hi-Tec clock for Daylight Saving Time. I am told there is a 6 months delay for automatic reset

Incidentally & By-The-Way:

Oral naloxone, 3mg every 8 hours is helpful in opioid-induced constipation..... Tart cherries may be a super food, offering relief against inflammation and pain (Life Ext).....WOW, hospitals agreed not to charge for artificial inseminating wrong patient; infant discharged to incorrect parents (IJPC)...

We make too many wrong mistakes. Yogi Berra

....Antibiotics and/or **topical** steroids may be ineffective for acute sinusitis (JAMA), use saline irrigation.....US best selling drugs are (dangerous?) cholesterol-lowering drugs Lipitor and Zocor (WSJ); naturally better? is Fish Oil and Nicotinic AcidStudies suggest chiropractic may help adults with ADHD (Health & Healing).....

Worse than losing your memory is finding it again.

One in 7 new mothers depressed before, during & after pregnancy (Am Jrn of Psy), natural progesterone anyone?.....To support vasodilation in Raynaud's: Inositol hexaniacinate 3000 to 4000mg/day, Ginkgo, Mag Glyc 600 to 300mg/day to bowel tolerance, GLA 500mg & EPA 2000+mg/day, L-arginine, avoid cold exposure & cigarettes (IMF Forum).....Seroquel, now a street drug is known as "quell" or "baby heroin."

Old age is 15 years older than you are.

Speed kills, fast carbs blind: Consuming high amounts of fast acting carbs is involved in diabetic vision loss and Age-Related Macular Degeneration (A-REDS).....Regular playing of the harmonica strengthens respiratory muscles, improve emphysema & bronchitis..... Supplementation with alkaline minerals reduces chronic low back pain (J Trace Elem).....

After reading of the evils of drinking, I quit reading.

Replacing 36 hour Fentanyl (Duragesic) Patches every 24 hours may improve pain control (MedscapeRx).... Raw (unprocessed) honey may be an effective childhood cough treatment now that many commercial products are restricted for younger children. (ArchPedMed).

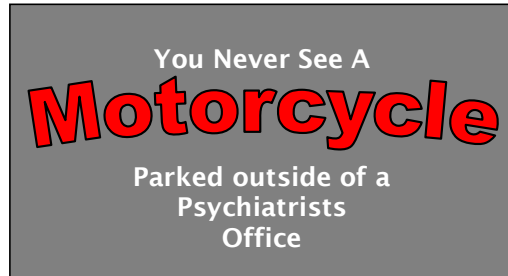
Emphasize growing, not old.

Aripiprazole ameliorates tic disorder symptoms without side effects of haloperidol and pimozide....Myths: Reading in dim light ruins your eyesight; shaving makes hair grow back faster or coarser; eating turkey makes you drowsy, (maybe turkey & wine)

If you like the music you hear at Prescription Center you can find it on Channel 23 or 78



Prescription Center
"We make drugs better."
915 Hay Street, (910) 485-2167
Fayetteville, NC 28305
Pharmacists Gary, Gerald, MindyNA
© February 2008



Examples of Recently Compounded (Customized) Prescriptions of Historical Interest:

KOH 5% solution applied to MOLLUSCUM twice a day with a cotton ball.

For cold and numb feet: 5% ascorbic acid gel & 5% sodium nitrate gel, to be mixed in equal parts by patient at home. Raynaud's too. Also, arginine 30%

Sucralfate 5% topical gel used in 2nd & 3rd degree burns.

Diethylpropion in graduated doses for narcolepsy.

Dextromethorphan (DM), whiskey, honey cough syrup. (Still coughing, who cares?)

Cidofovir 0.5% ophthalmic solution, proven 60 days dating at room temperature, refrigeration optional.

A transdermal (topical, penetrating) cream of pioglitazone (Actos) to reduce symptoms of autism.

Chlorhexidine gel for relief of external lesions of Chiron's, and "cold sores."

Low dose, sublingual, sildenafil (Viagra) or vardenafil (Levitra) for SSRI (anti-depressant) related sexual dysfunction in women.

Vitamin B-12, A, D, E, topical for psoriasis, used with PO Florajen3/Fos.

Modified (slow) release Baclofen to increase compliance and minimize side effects. New Baclofen indication: To reduce BINGE EATING.



What forecast did you listen to?