

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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OUR 47TH YEAR <> © December 2006

A LABRADOODLE has replaced the SCOTTISH TERRIER as a player piece on the new MONOPOLY board game.

It Isn't Fair:

A few years ago, QUININE, used safely to treat malaria, leg cramps, etc. since American Indians chewed the bark of the chincona tree, was restricted to a prescription. Now, the FDA has permitted AR Scientific Co to sell quinine named QUALAQUIN. After 200 plus years, the FDA has given monopoly prescription brand name status for a substance previously used as a home remedy.

Money talks - Chocolate sings.

Romeo Charged With Sex Offenses:

Fayetteville, NC. Felix Romero III, 35, is charged with girls who are eight and ten years old as reported to a school counselor. Bail is \$55,000.

-----Fayetteville Observer

SMILE, it's the second best thing you can do with your lips.

Cholesterol Not All Bad:

Lowering cholesterol can alter hormone levels. Canadian doctors put male and female high cholesterol patients on hormones to restore the levels of all their hormones to the normal level of a twenty-five year old. (Not always possible, Suzanne Somers). Cholesterol was lowered an average of 25% in four weeks. Dr. Pamela Smith explains if your cholesterol level is below 140 you do not have enough to make adequate sex steroids. Adequate T3 is necessary to complete this conversion. - Life Extension Magazine.

Note: Locally we have observed similar results with fish oil and/or magnesium glycinate. GARxY.

KOOK: Keeper of odd knowledge.

Remember Not to Forget:

Instead of remembering too little, you may be remembering too much. All that information - especially the useless kind - can clutter up your brain. The real key to a good memory is being selective: retain the relevant and discard the unimportant. To exercise your brain, replace your calculator with a good pencil and remember telephone numbers instead of programming them in the telephone. - RealAge

If I had known I was going to live so long I would have taken better care of myself - Methuselah

It's amazing that so many can talk for so long and say so little about things that are so important to so many, and we vote for them.

Therapeutic Trial:

Dr. Gordon R.B. Skinner advocated in the *British Medical Journal* a trial of thyroid hormone treatment (Armour Natural Thyroid, (pig) for three months in patients suffering from symptoms of (low) hypothyroidism. He believes many people may be hypothyroid despite having normal blood tests. *BMJ* 314 (1997): 1764. From *The Thyroid Solution*, Ridha Arem, MD, Ballantine Books. NOTE: Lab values used in Europe place many Americans in the hypothyroid category that US lab values consider in normal range. In our experience locally, sixty-some patients prescribed a therapeutic trial of T3-T4 (Armour Thyroid) all responded positively. GARxY.

Talent hits a target no one else can hit; genius hits a target no one else can see.

Hope for Age-related (wet) Macular Degeneration:

Lucentis (Ranibizumab), given monthly by intravitreal injection, is the first drug demonstrated to improve vision in patients with wet AMD. (Very expensive). The average gain in visual acuity was maintained at two years. Intravitreal injections of AVASTIN (bevacizumab) might be equally effective and would cost much less - *The Medical Letter*.

Theory of Positive Negativism: To win, go opposite a stampeding Herd or Hive. When nearly everybody's opinion is unanimous, go the other way. -James Dines

NIH Launching Second AREDS Study:

Nearly two million Americans have vision loss from AMD. In the original study a combination of vitamins and minerals slowed the progression of AMD. ADRES2 will add additional nutra-ceuticals to those in the original study. New will be lutein, zeaxanthin, omega-3 fatty acids, and EPA. - National Eye Institute (NEI).

Every morning, do not get out of bed until you think of something pleasant.

Natural Progesterone to Prevent Breast Cancer:

"Evidence indicates that with increasing duration of exposure (the more years it is used) **NATURAL PROGESTERONE** (Not a progestin, medroxy progesteroneacetate, Provera) can limit breast epithelial growth (breast cancer) as it does with endometrial (uterine) epithelium." - Sperof, L.
Clinical Gynecologic Endocrinology and Infertility.

"No-brainers" are often used by "experts" with no brains. If you don't use your head, you'll use your feet.

Yo Momma Told You: The 9th commandment: Do not covet thy neighbor's wife. A 43-year-old presented with a gunshot wound to the buttocks. The slug lodged in his penis. He was shot by his lover's spouse.

I know my older sister loves me – she gives me her clothes and has to buy new. –Age 4

Medicare \$ Increase 1-1-2007:

Part A deductible increases from \$952. to \$992. Daily in-hospital coinsurance (co-pay) from \$476 to \$496 and the yearly part B deductible changes from \$124 to \$131. Some Medicare supplements pay all of these charges; Medicare D pays none of them.

Never go to a doctor whose office plants have died.

Characteristics of Supercentenarians:

Age range is 110 to 119 verified. Fifty-nine percent are totally dependant, 41% require little or no assistance. Twenty-two percent are taking high blood pressure meds. Twenty-five percent are cancer survivors. Most do not have heart disease or have not had a stroke. Fifty percent have eighth grade or less education which was the norm when they were born. Eighty-four percent are female and 81% live in the US, 65% are in a nursing home and none have a pacemaker. – *Journal of the American Geriatric Society.*

Every day I live with fear, but occasionally I leave her and go drag racing.

Alpha-Lipoic-Acid Improves Neuropathy:

Stabbing/lancinating and burning pain were reduced after five weeks; paresthesia and numbness were not. Six hundred mg. a day is the appropriate dose. – *Diabetes Care.*

Relax – go to a scary movie.

HEALTH is the greatest possession; CONTENTMENT is the greatest treasure; CONFIDENCE is the greatest friend.

Milk Allergy = Childhood Asthma/Eczema:

Seventy-five percent of children with allergic reactions to cow's milk had no gastrointestinal effects but had skin reactions such as eczema and hives, and/or asthma/rhinitis. – *Medscape.*

Never close a door until the key is actually in hand, always put keys in a pocket before approaching a dumpster, and add soap to a dishwasher before loading dishes.

Prescription Center
"We make drugs better"
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Pharmacists Gary, Gerald, Marcus,
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Though no one can go back and make a new start, anyone can start from now and make a brand new ending.

To Test Ability to Smell:

Flavors are recognized mainly through the sense of smell, and there is an alteration in taste that accompanies a smell disorder. One percent of the ability to smell is lost each year. Nutritional deficiencies, hypo(low)thyroidism, and diabetes lessen the ability to smell as do Parkinson's, Alzheimers and the consumption of alcohol and nicotine. UPSIT is a self-administered test of smell consisting of ten scratch-and-sniff odorants. – *Medscape Nurses.*

Dear Abby, I've suspected my husband has been fooling around, and when confronted with the evidence, he denied everything and said it will never happen again.

Incidentally and By-The-Way:

Inhaled hypertonic saline may improve lung function in cystic Fibrosis. –*New Eng Journal of Medicine.*

Phenytoin (Dilantin) reduces the effectiveness of dexamethasone (Decadron) by 50%.

Cancer patient treated with cisplatin developed dementia due to low magnesium levels. HCPC, Portugal.

A new HUGE study finds people who consume at least three cups of green tea a day have lower risk of mortality. The association is strongest in women. Green tea consumption, in this trial, was not associated with reduced risk of cancer. – *Natural Medicines Database.*



Happy Holidays 2006 - 2007
Prescription Center will be closed:
Monday December 25th 2006, and
Monday January 1, 2007
