

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL,
And
MADE TO ORDER DRUGS

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God gave us memories so that we might have roses in
December -Sir John Barrie

Saliva Tests Detect Cancer, Sjogren's:

NY, Mar 9, 2006. At the meeting of the American Association for Dental Research, Dr. David Wong of UCLA announced a saliva test to detect oral cancer. To develop the test cost \$84 million.

Research by the National Institute for Dental Research has shown saliva tests can now detect patients who may develop Sjogren's syndrome. Previously a surgical biopsy was required.

Men have sex to relax; women must be relaxed to have
sex. -Eldred Taylor, MD

Caférgot Suppositories Discontinued:

Distribution of Caférgot, ergotamine and caffeine suppositories, manufactured since 1953, has been discontinued. New treatments for migraine headache made caférgot unprofitable. Pharmacists can compound the Caférgot formula.

Happiness is not a station to arrive at, but a manner
of traveling. -Margaret Lee Runbeck

Just say NO to Acid Blockers:

Clostridium difficile (C-diff) infection increased from one to twenty-two cases per 100,000 people in 2004. PPI (Nexium, Prilosec, and Prevacid) users had a 3x greater chance of being infected. H2's (Zantac, Tagamet) users had a 2x greater chance of being infected. Both groups were less able to absorb calcium into the system. --JAMA

Stomach acid is required to protect against disease and for digestion. Indigestion, acid reflux, and H Pylori are better treated with Mastic Gum, Betaine, and pancreatic enzymes. -GARxY.

Silence is a sound.

Nalbuphine 1.2 Better for Pain:

After twelve months of clinical experience demonstrating Nalbuphine 1% ophthalmic is equal to products previously available, the standard strength is now 1.2%, logically better. Analysis by the Campbell University School of Pharmacy found the potency of Nalbuphine ophthalmic solution stored at room temperature in ambient light to be 99.96% after twelve months. (Patent pending).

Dropper Bottles (Droptainers):

EMP, distributor of most plastic dropper bottles used in the US asks any unsatisfactory bottles be returned for testing. Bottles may be sent directly to EMP or to Prescription Center.

We succeed only when we meet and exceed the expectations
of those we serve. (How is Rx Center doing?)

Incidentally and By the Way:

Tail-Docking of Dogs may be banned in U.K.
Seventy-five mg of **Butterbur Root** twice a day regularly reduced **migraines by 48%**. -Neurology
Modafinil (Provigil) may be effective for **ADHD**, as is fish oil - **Omega 3's**.

The FDA has approved **Zyrem** (sodium oxybate) for excessive daytime sleepiness, **narcolepsy**.

American Heart Association does not recommend **Isoflavone (Soy)** supplements.

MSM, dietary supplement, significantly reduced **pain and improved physical function** in patients with **osteoarthritis (OA)** of the knee.

Sales of **Lunesta**, a "sleeping pill" highly advertised on TV declined 999% in 2005; sales of **Gabapentin (generic Neurontin)** increased 656%.

Q: Which country makes Panama hats? A: Ecuador.

Of significant interest to all veterinarians is **SEVOS 2006**, Southeastern Veterinary Ophthalmology Conference, Sarasota, April 28 & 29th. Info, Debbie, (877) 877-1914.

That **ROSACEA** is a digestive disorder was known prior to World War II. To treat it you take **Betaine** with pepsin and pancreatin, **Omega-3** fish oils, **probiotics/prebiotics** and low dose oral **doxycycline**. In addition to Rosacea getting better, digestion improves, heartburn stops, BM's are better, skin/hair/nails/eyes look better.

Naked men have little influence. -Mark Twain

WATT A PLAN: PREGNANT
HORSE URINE IN A
PURPLE PILL, TEST
IT ON 113 WOMEN,
PROVE HELP WITH
HOT FLUSHES ONLY,
MAKE IT THE MOST
PRESCRIBED DRUG IN HISTORY.



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The classes of travel in the US: First Class and with children...
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It's Your Thyroid, Your Body:

Sick and tired (pun intended) of enduring symptoms of **hypothyroidism** (thyroid hormone deficiency), patients have lodged a complaint with the **UK** General Medical Council against the clinical practice of the medical profession to treat lab values and ignore signs, symptoms and history. General use of **Armour thyroid extract** (porcine) is also requested. -WEBMD. 3/13/06 (IT'S ABOUT TIME; ONE SIZE DOES NOT FIT ALL).

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WINE is a four letter word...
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EXUBERA Not Reason for Exuberance:

Exubera, **inhaled insulin** will be available this summer. The inhaler is about the size of a flash light. It is a short acting insulin, approved for adults only. Each Inhalation is about eight units. Pulmonary function tests are needed before Exubera can be prescribed. It is not for patients with lung disease, or that have smoked within six months. It is the first delivery option for insulin since 1923.



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Man's best friend asks no questions, passes no criticism.
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ESTROGEN Fat Facts:

Estrogen is "The Angel of Life, the Angel of Death."

Estrogen causes the body to retain fat and water, it is added to livestock feed for this purpose, the parts of the livestock you do not eat become food at fish farms and poultry farms. **EAT ORGANIC.**

Hormones need high hemoglobin levels to be circulated throughout the body.

Humans do not have enzymes necessary to process horse estrogen.

Excess body fat becomes an "estrogen factory."

Excess estrogen levels **rarely** may cause sensation of "tingling in the brain."

Oral estrogen supplements, as compared to topical, may cause clotting, vasodilation, elevation of blood pressure, deep vein thrombosis, reduce DHEA and testosterone levels.

A vitamin B6 deficiency increases possibility of estrogen dominance.

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There is more treasure in books than all the pirate's loot on Treasure Island. -Walt Disney.
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BONIVA for Bone Loss:

First there was daily Fosamax, then weekly Fosamax, then weekly Actonel and monthly Boniva. Now, there is **Boniva injection every three months.** Oral calcium and vitamin D are still essential.

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Call me, we'll drink lunch.
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FDA will likely pull epinephrine (Primatene) inhalers off the market.

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When in doubt, stay out.
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Cocktail hour = Support Group.
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Breast Asymmetry a Risk Factor for Cancer?

Breast asymmetry is related to several known risk factors for breast cancer. Patients with breast cancer have more breast volume asymmetry, writes Diane Scutt from U. of Liverpool. **WHAT IF "THEY" ARE PLASTIC?**

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Uninspired sex: A short cut to a nap.
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Good Life, Long Life Menu: High fiber, whole grains, LOW fat, no white bread, potatoes, sugar.

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Animal protein, dark carbonated drinks, caffeine, sugar = osteoporosis.
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Prescription Center

"We make drugs better."

915 Hay Street, (910) 485-2167

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Pharmacists Gary, Gerald, Marcus.

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Education is by man, wisdom is of God.
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Compounder's Advantage:

Pharmacists can customize a new treatment immediately; a drug manufacturer needs seven years, or will discontinue a needed product when it is no longer profitable. Examples of compounded prescriptions:

1. An ophthalmic ointment containing **growth hormone.**
2. A nutrient mixture to extend the life of donor **sperm.**
3. Topical **aminolevulinic acid** to be used with blue light illumination in treatment of severely **sun damaged skin.**
4. Nystatin / **Azithromycin** suppositories for patients allergic to other antibiotics.
5. Triple antibiotic-DMSO **ophthalmic** ointment that healed an equine **puncture** wound.
6. The need for **customized** treatments sent to the Washington, DC **White House**, The Beverly Hills **Bikini Shop**, and an aquarium in **The Bahamas.**

Examples are just that and are not to promote any drug. We are available to discuss with physicians and their patients alternative treatments. Most require a prescription.

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Ignorance is the cause of fear.
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LATEBREAKERS>>

Emsam (selegiline 24 hour transdermal patch) is for the treatment of major depressive disorder in adults. This from a company insisting transdermal compounds are not effective?

Awaiting approval: Dapoxetine for **premature ejaculation**, Diquafosol for **dry eye disease**. Xenical-OTC for obesity.

Discontinued drugs, no other source available, **COMPOUNDING TO THE RESCUE, Etodolac/Lodine 300 mg. Flovent** aerosol, **Dyphylline** (Dilor) elixir and inj., **Hydroxyzine** (Atarax) syrup.

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Life is uncertain, eat dessert first.
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