

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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Each month, **PHARMACY TOMORROW**, this newsletter, is available at www.RXFIXER.com

Every teenager should get a high school education, even if they already know everything.

Celtic UNREFINED sea salt provides 30+ nutrients removed from white, refined salt. Refined salt promotes disease; unrefined salt reduces stroke & high blood pressure and strengthens adrenals. (In the 2 generations living since America was warned about salt, cases of hypertension, obesity, & diabetes have skyrocketed. About 5% of the population, including some with reduced kidney function, need to avoid salt)..

How long a minute is depends on what side of the bathroom door you're on.

Iso-K is Rx Center's non-prescription, nonsteroidal rub (topical) to relieve muscle pain/stiffness (back, neck pain, etc), and cramps; Is not absorbed by the system, does not cause gastric irritation, bleeding.

Also, for the ailments in the above paragraph, KAPREX, taken orally, also vegetable origin, produces results comparable to Ibuprofen (Motrin) and Naprosyn (Aleve), again without gastric irritation. -Cannot be taken with COUMADIN (Warfarin).

CONTROL BARS, candy tasting good, help maintain blood sugar levels 7 hours when skipping a meal.

Real knowledge is to know the extent of one's ignorance.
.....Confucius

I-THEANINE, the good of 40 cups of green tea in each capsule, relieves anxiety & nervousness as Xanax also does but without drowsiness and delayed reaction time, Is also reported to help memory.

Three things cannot be long hidden:
the sun, the moon, and the truth

Revatio (Viagra) IV injection is available for pulmonary arterial hypertension.

Controversial Bible verse: Wives submit to your husbands, as is fitting in the Lord (Co 3:18).

Americans are getting stronger. Twenty years ago, it took two people to carry ten dollars worth of groceries. Today, a five year-old can do it.

ANTIHISTAMINES, YES & NO:

Clinical Drug Investigation compared the leading Rx only once-a-day antihistamines for effectiveness and side effects. Most preferred is new & expensive XYZAL (levocetirizine), 1/2 tablet may suffice. Next are non-prescription CLARITIN, and ALLEGRA (fexofenadine).

Vegetarian - that's an old Indian word meaning 'lousy hunter.'

At an *American Heart Association* meeting, it was announced women using transdermal (topical) estrogen with or without topical progesterone had no increase in venous thromboembolism (blood clots); oral estrogen increased risk 60%, Provera, a synthetic progestin, has effects opposite that of natural progesterone, should be used only to confirm pregnancy.

He who gives to me, teaches me to give.
- Danish Proverb

Premature death is less likely in GLAUCOMA patients who treat their conditions vs. patients who do not.



I requested instructions as how to reset my Hi-Tec clock for Daylight Saving Time. I am told there is a 6 months delay for automatic reset

Incidentally & By-The-Way:

Senators challenge FDA ban on homosexual men donating blood. <> Finally, a Tumeric Cream to decrease aging signs without staining skin yellow is available. <> Donating a kidney does not shorten life. <> Mortality rate in elderly increased 5- to 8- fold by hip fracture. <> Salsalate (aspirin derivative) shows promise in treating type 2 diabetes. <> Even simulated acupuncture may be effective for chronic low back pain. <> Cantaloupe is very high in Vitamin C, is also a natural diuretic. <> Coffee is generally heart-friendly but may be linked to a slight rise in blood pressure. <> Don't be a pain in the drain. Dispose of grease properly. One cup of sugar or of flour thrown on a kitchen grease fire creates the explosive force of 2 sticks of dynamite. <> An increased risk of diabetes is possible in statin-treated cholesterol patients. <> Botox is approved for upper limb spasticity after stroke or MS. <> Health hazards of obesity now rival smoking in the U.S. (Fat smokers beware). <> Increased sitting time, especially prolonged television viewing, is associated with earlier mortality. <> Increased consumption of omega-3 fatty acid DHA (fish oil) may decrease the risk of dental disease. <> Low vitamin B-6 levels may raise heart disease risk. <> Healthy adults may need less sleep with age. > Exercise promotes bone health, as does Vitamins K1/K2/D3, testosterone, & SOLUBLE calcium. <> Lack of sleep prompts loss of brain volume.

You will never know love unless you surrender to it.

Complicated Women's Health: Monistat contains miconazole; Monistat Itch Relief contains hydrocortisone; Monistat Uristat is phenazopyridine for UTI.

Non-Biblical Quotation: "Money is the root of all evil."

Colon/Liver Cleansers: Just say "NO." If necessary use Magnesium Glycinate.

After reading of the evils of drinking, I quit reading.

Speed kills, fast carbs blind: Consuming high amounts of fast acting carbs is involved in diabetic vision loss and Age-Related Macular Degeneration (A-REDS).....Regular playing of the harmonica strengthens respiratory muscles, improves emphysema & bronchitis..... Supplementation with alkaline minerals reduces chronic low back pain.

----Journal of Trace Elements

Aripiprazole ameliorates tic disorder symptoms without side effects of haloperidol and pimozide.....Myths: Reading in dim light ruins your eyesight; shaving makes hair grow back faster or coarser; eating turkey makes you drowsy, (maybe turkey & wine)

Prescription Center

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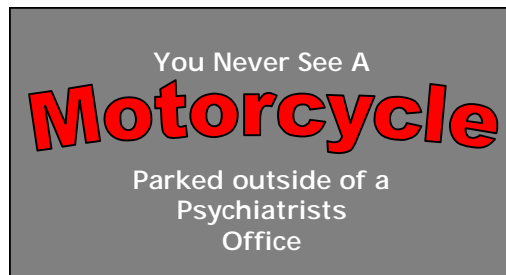
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April 2010, Our 50th Year

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Old age is 15 years older than you are.



Examples of Compounded (Customized) Prescriptions of Historical Interest:

Dry skin ointment, 60% peanut oil.

Tretinoin (Retin-A) Oral Liquid (Oil), for leukemia patients

Testosterone Nasal Spray.

Acyclovir (Zovirax) 200 mg/5ml oral suspension.

Cyclosporin 10mg/Gm Oral Adhesive Paste for lichen planus

LDN, low dose naltrexone 2.5 to 4.5 mg capsules in MS, IBS.

Diethylpropion in graduated doses for narcolepsy.

Dextromethorphan (DM), whiskey, honey cough syrup. (Still coughing, who cares?)

Cidofovir 0.5% ophthalmic solution, proven 120 days dating at room temperature, refrigeration optional.

Nutrition is NOT optional.

Low dose, sublingual, sildenafil (Viagra) or vardenafil (Levitra) for SSRI (anti-depressant) related sexual dysfunction in women.

Modified (slow) release Baclofen to increase compliance and minimize side effects. New Baclofen indication: To reduce BINGE EATING.

