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COMPOUNDING  
50 YEARS FOR  
PEOPLE and PETS

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OUR 52nd YEAR <> © October 2011

**Our "product" is our knowledge & experience.  
Put the power of the chemist to work for you!**

Each month and for 6 months, *Pharmacy Tomorrow*, this newsletter is available at [www.RXFIXER.com](http://www.RXFIXER.com)

**Information gleaned from more than 100 publications; not intended to be medical advice.**

Giving up smoking is easy. I've done it hundreds of times.

—Mark Twain

**PAWS for thought:** Just being in your pup's presence makes you healthier, petting your pup boosts production of pleasure hormones in the brain helping to keep stress and blood pressure healthy. Regular walks with your dog lift your mood and improve fitness. Kids who grow up with dogs seem to have stronger immune systems and are less likely to develop asthma, eczema, and pet allergies. **When your pet needs Rx filled with easy to give meds, please see us.**

>>>The best thing about space travel is that it made it possible to go elsewhere. R. Heinlein <<<

**INCIDENTALLY & BY-THE-WAY:** Inhaling a concentrated cloud of insulin through the nose twice a day appears to slow – and in some cases reverse – symptoms of memory loss in people with early signs of Alzheimer's disease. (Glen Campbell). Does not affect blood sugar. Adults lose potassium and magnesium by drinking coffee and/or alcohol.

During World War II, British Royal Air Force pilots ate bilberry jam before night flights, to help with night vision. (Peter Green).

Providence has made the most useful things (& ideas) most obvious and for that reason we neglect them. —The Apothecaries Daughter.

**Vitamin D2** and **Vitamin D3** are not bioequivalent and should not be considered interchangeable. Most need D3.

**Poison Control** reports 11 possible, unproven deaths from supplements in 27 years while prescriptions killed more than heroin and cocaine combined.

**California Senator Feinstein** has introduced a bill to prohibit antibiotic use in livestock, hogs and poultry which causes methicillin resistant *Staphylococcus* or MRSA.

**2010 was the hottest** year on earth since weather records began. (Is that 40 days before the biblical flood?) Anybody still opposed to use of nuclear power to prevent air pollution?

**Dalby's Carminative** is superior to all other remedies for the wind.

—Edinburgh Evening Courant, 1815. (Better than the purple pill)?

Give me an ounce of civet good apothecary, to sweeten my imagination. Shakespeare.



**October is "Adopt a Shelter Dog Month,"  
And Children's Health Month. Coincidence?**



Do you see what you believe, or do you believe what you see?  
Sidney Baker, MD.

BioIdentical ("natural") hormones have endured a 50 million year clinical trial. That the human race has survived is adequate evidence of effectiveness and safety. — Jeffrey Dach, MD, [jeffreych.com](http://jeffreych.com)

What is the root of all money?

**HOMEOPATHIC** preps of note: R10-hot flashes; R16-migraine; D14-sleep; D85-water retention; Thuja-warts. R41-impotence; R54-memory if with Memory Pro.

Bio85-calming.

**VIIBRYD (vilazodone)** is newly approved to treat major depressive disorder, MDD, given by mouth once daily.

**YES, Rx Center has injectible Vitamin B-12,  
prescription required.**

Discovery consists of seeing what everybody has seen and thinking what nobody has thought. — von Nagrapolt.



RARE, UNUSUAL  
AND  
MADE TO ORDER  
DRUGS

UNLIKE 34 OTHER STATES NORTH  
CAROLINA INTERPRETS THE USP AS  
CLASSIFYING ALL PHARMACEUTICAL  
COMPOUNDS AS PRESCRIPTION DRUGS.

**Examples of Recently Compounded (Customized) Prescriptions of Historical Interest:**

**Flurbiprofen base Ophthalmic** sans additives in 10 ml & 15 ml droptainers with significant economy.

**Cidofovir** 0.5% ophthalmic drops, 99+% stable at room temperature for 4 months plus. Effectiveness / Stability testing at Colorado.

**Nalbuphine** 1.2% ophthalmic analgesic drops, tissue studies (no eye discomfort) ongoing at Ohio U. Made possible by a \$30,000 grant from Prescription Center

**It is much more important to know what sort of person has a disease than what sort of disease a person has. William Osler.**

**DICLOFENAC Ophthalmic Solution**, preservative free in 10 ml droptainers at usual cost of 2.5 ml size.

**Iso-K Non-Steroidial Analgesic** Topical Gel to relieve muscular aches & pains, bruises, etc.

Go beyond symptom relief of a cold sore, soothe it fast with **ChlorHex Topical**

**TRAMADOL Transdermal (topical) Cream**

**Ophthalmic DEMECARIUM BROMIDE Drops**, 2 strengths.

**HYDROCODONE Transdermal (topical) Cream**

**Lo-Dose HYDROCODONE Oral Tablets.**

**DiEthylPropion** appetite suppressant in capsules and modified release forms.-

**NOTEWORTHY:**

Alpha Lipoic acid (O-T-C Supplement) helps stabilize blood sugar levels. <><>

Good **Book** : "No More Kidney Stones."

<><> Growth Hormone repairs bones. <><> **DHEA & pregnenolone** increase IGF-1 levels strengthening immunity. <><> **The number of PARASITES** in the body increases at full moon. <><>

Stephen Sinatra, MD reports 600 cases of **TOTAL GLOBAL AMNESIA** in patients on statins. Not all occurred immediately. Some were permanent. <><> **An MRI disturbs** cartilage maintenance of joints (ie, knees) and produces snap, crackle, and pop from joints. An MRI is 10 times safer than a **CT Scan**.

General Motors went bankrupt but won **THE HELEN KELLER AWARD FOR FARSIGHTEDNESS**.

If you use **SUNSCREEN** you need Vitamin D-3.

**Prescription Center accepts VISA,  
Master Card, & Discover at the  
Pharmacy & by telephone.**

**Prescription Center**  
"We make drugs better." Ask.  
915 Hay Street, (910) 485-2167  
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**Our 52nd Year**  
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**Grandma sez:**

Take your cod liver oil (now Omega 3's), Brush twice a day using a twig if necessary, Bathe every Saturday, go to church every Sunday and give 10%, Exercise, Sleep 7 plus hours, Shade yourself from sun, have 1 or more bowel movements every day, Read your Bible daily, Never skip school.

-- Sally Caroline VanPatton, (1875-1968).

**Pills & Skills:** Pet names of the week: for K9, "Limo Driver" & "Stinky." for a feline "." EQUINE: "I Ain't PT."

**Retired people never get a day off..**

**PATENTS or PATIENTS:** The lay press is excited several blockbuster drugs have lost or will soon lose patent protection, meaning costs will go down. And the tooth fairy is going to pay your taxes. The drug (manufacture's) mafia is the 2<sup>nd</sup> most powerful in the US. Its stated reason for existing is to make a profit. It enabled Wyeth Labs to patent pregnant horse urine 50 plus years ago and to raise the price regularly ever since. Example: Drug companies buy all available raw materials or buy the generic company and/or do anything possible to stifle competition. **OUR BOTTOM LINE:** Do not expect routine across the board price reductions soon.

The greatest pill taker on record appears to have been P.W. Jessup who died in 1814. He swallowed 226,934 pills and 40,000 bottles of mixture. - Mystery & Art of the Apothecary.

**Does FLAXSEED have the same benefits as FISH OIL?**

No, definitely not. Flaxseed contain ALA, fish oil EPA and DHA == big difference. Ground flaxseed can modestly reduce LDL and provides fiber. This fiber promotes gut health and can reduce estrogen levels in an estrogen dominant person. For greatest benefits, grind whole flaxseed immediately before use.

- Pharmacist's Letter.

**Most important rule: There are no rules.**

As stated in Exodus 20:30 in the Old Testament of The Bible, pharmacy was civilizations first, thus oldest profession. (No comparisons, please).

Prescription Center is hosting a one day ophthalmology CE seminar (8 hours) open to all veterinarians at the University of Georgia School of Veterinary Medicine on Sunday October 16<sup>th</sup>. [kmyrna@uga.edu](mailto:kmyrna@uga.edu)