

Pharmacy Tomorrow from Prescription Center

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RARE, UNUSUAL
AND
MADE TO ORDER DRUGS

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Monthly, *Pharmacy Tomorrow*, this newsletter is available at www.RXFIXER.com

This information is gleaned from more than 100 publications. Some of it as far back as 1950 BC (before computers)

More on Vitamin D:

Low vitamin D3 levels are associated with increased risk of cancer, hypertension, metabolic syndrome, diabetes, and obesity in people of all ages. In older people D3 deficiency is linked with weakness, increased risk of macular degeneration, and premature death. Twenty times the adult daily dose is safe.

Supplemental D3 reduces risk of cancer of the breast, and colon. It improves mood and balance. It decreases bone loss/increases bone density. Applied topically it helps psoriasis.

— Health & Healing.

Well behaved women rarely make history!!

Thank You ALLERGY.

Studies admitting to unfavorable conditions can usually be believed. *Allergy* reports significant absorption of 88% of drugs applied to the skin. Example: Hydrocortisone (HC) cream is absorbed by the body and affects the adrenal glands. For safety, HC cream is applied just once a day.

THANK YOU *Allergy*. The large drug companies that buy your advertising are not pleased but pharmacists are thrilled you have proved a properly prepared transdermal preparation is effective, just as if taken orally, but safer. Pharmacists who prepare transdermal medicines determine the particle size, molecular weight, and solubility are appropriate, thus 99% plus effectiveness.

Where there's a will, I want to be in it

Snackers Horoscope:

If you like TORTILLA CHIPS you're a perfectionist, successful, ambitious, and plan ahead.

PRETZELS, you are energetic, lively, the life of the party and bored with the routine.

POPCORN, you are a take-charge type, ambitious, and goal oriented, but modest.

NUTS, you are even tempered, and easy to get along with. Peanuts are not nuts.

CRACKERS, you prefer private time, shy away from confrontation, and can not stand to hurt another's feelings. —Alternative Medicine.

What if you like PRETZELS and CRACKERS?

My husband and I divorced over religious differences. He thought he was GOD.

Vitamin B-12 injections may relieve discomfort of shingles.

Statin (cholesterol) drugs hamper libido and sexual performance in some men

Why does the Dalmatian ride on the fire truck?
To find the hydrants for the firemen

Our Annual Question:

Is the active ingredient in eye drops absorbed by the plastic in droptainers? **NO.** *Extemporaneous Ophthalmic Preparations*, Closson, emphasized this. Under recent regulations, sterilization of glass bottles with rubber bulb droppers is impossible. Plastic droptainers give partial, not complete, protection against light. Ophthalmics we compound have assayed within potency after twelve months at room temperature and in ambient light.



When I die, I want to go peacefully like my
Grandfather did, in his sleep----not screaming,
like the passenger in his car.

Incidentally & By The Way

CHIA seeds, a "power food" of the Aztecs, contain calcium, magnesium, antioxidants, fiber, and omega-3 fatty acids.

Duke University researchers found 1,200 mg of coenzyme Q10 (CoQ10) daily had dramatic slowing of functional deterioration from Parkinson's Disease. (Any CoQ10 gel caps).

You can't change the past but you can ruin the present by worrying over the future

Tooth-Friendly Foods: Cranberries, Carrots, Limes, Lemons, Oranges, Yogurt, Grapefruit, and Green tea are "nature's toothbrushes."

People whose diets are rich in vegetables, beans, olive oil, nuts, multigrain bread, and a daily comprehensive multivitamin are less likely to wrinkle than those who feast on red meat, butter, and sugary food. - RealAge.

Full moon may bring more emergency room visits.

Higher intake of folic acid, vitamin E, and calcium may reduce the incidence of severe bacterial vaginosis (BV) in women, while higher fat intake may raise BV incidence. - Journal of Nutrition.

Artificial food color and additives increase hyperactivity in children aged 3 years to 9 years.

Diet high in refined carbohydrates may increase risk for age-related macular degeneration.

The only reason people get lost in thought is because it's
unfamiliar territory

Women taking FLORAJEN3 live bacteria (Lactobacillus acidophilus) had fewer yeast infections. Symptoms of yeast infection: Thick, white discharge, itching or discomfort. Discharge does not smell bad. There may be a burning feeling outside when going to the bathroom or having sex.

Anyone who says money can't buy happiness, doesn't know where to shop

Prescription Center

"We make drugs better."

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Anger is a condition in which the tongue works
faster than the mind.

Examples of Recently Customized (Compound-ed) Prescriptions of Historical Interest:

Topical progesterone for post partum depression allowing baby to breast feed.

Vitamin B-12 injection, 4000 units per ml.

Very dry white wine in water as a spray to relieve dry mouth

Lidocaine/Tetracaine anesthetic gel to reduce pain of laser resurfacing better than Emla.

Micronized DHEA (dehydroepiandrosterone) 200 mg modified release capsules for systemic lupus erythematosus (SLE). At lower doses, DHEA is used to increase bone mineral density, enhance cognitive function, adrenal insufficiency, insulin resistance, obesity, mood, and libido.

Nalbuphine topical solution to relieve vaginal pain, irritation

Micronized (5) progesterone 2mg/ml topical foam to regrow hair in males.

Belladonna, lidocaine, tetracaine jelly inserted into the urethra to reduce spasms of interstitial cystitis. A bladder irrigation of DMSO, belladonna, ketoprofen, lidocaine, and Tetracaine, also for interstitial cystitis.

And thou shalt have dominion over the animals - except of course, the cats.



Tell me doctor, doesn't the hospital know you're guaranteed privacy under the constitution?!"